

## Getting started in research: moving from thoughts to action

Monday 26<sup>th</sup> October 2015. 9.30am – 4.30pm, The Place Hotel, Manchester

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### Background

If you are a healthcare professional working in the NHS it can be challenging to identify the options and opportunities available to you to increase your research skills and expertise.

This workshop will provide you with the opportunity to explore some of the options open to you and, as importantly, utilise a range of exercises to move you from thinking about getting started in research to developing a tangible course of action to make this a reality.

### Who is the workshop for?

Nurses, allied health professions, midwives and other health professionals working in the NHS with an interest in developing their clinical research skills and expertise.

You may be thinking about doing a formal course of study e.g. a Masters in Research or a PhD or you may be interested in exploring what other options are open to you.

### Aims

This workshop will

- Increase your understanding of the opportunities to develop research skills and expertise
- Provide an opportunity to develop a clear course of action
- Develop your understanding of sources of funding and resources available to support you



## Programme of the Day

<b>9.00</b>	Registration & Coffee	
<b>9.30</b>	Welcome, Overview, and Warm up exercise	Lynne Goodacre/Dr Will Medd
<b>10.00</b>	Why bother with research? What's in it for you?	Will Medd
<b>10.30</b>	Coffee	
<b>11.00</b>	Health Education England funded Internship Programme	Lynne Goodacre plus intern from current cohort
<b>11.20</b>	Masters in Clinical Research	Speaker TBC
<b>11.40</b>	Funded fellowships via the NIHR Integrated Clinical Academic Training Programme	Representative from NIHR Trainee Co-ordinating Centre
<b>12.10</b>	Building on your strengths	Will Medd
<b>1.00</b>	Lunch	
<b>1.45</b>	Studying for a part-time PhD	Maria Moffat PhD Student University of Central Lancashire
<b>2.15</b>	Professional doctorates	Dr Elaine Ball Salford University
<b>2.45</b>	Removing barriers	Will Medd
<b>3.15</b>	Refreshments	
<b>3.30</b>	Your aspirations: what's possible	Will Medd
<b>4.15</b>	Moving forward from today	
<b>4.30</b>	Close of day	

## Facilitators

**Dr Lynne Goodacre:** As an occupational therapist Lynne has worked in the NHS, Voluntary Sector and academia. She undertook her PhD on a part-time basis with the Department of Sociology Newcastle University. Whilst working in academia she has led a range of postgraduate taught programmes and supervised Masters and PhD students. She leads the *Releasing Potential Programme* within NHS R&D NW which is designed to support NHS based early career researchers.

**Dr Will Medd:** Will has a PhD in Sociology and is a Certified Professional Co-Active coach. As well as supervising PhD students for nearly 10 years, he has managed several high impact research projects and has over 15 years of experience facilitating workshops for a wider range of organisations.

## Workshop fees

This workshop is free to researchers working within the NHS in the North West. For those working in academia or from outside of the region the fee is £50. To register for the workshop please contact:

[Leanne.gregory@researchnorthwest.nhs.uk](mailto:Leanne.gregory@researchnorthwest.nhs.uk)